



TIAA Financial Essentials: A Workshop for Jefferson Lab (JLAB)

Financial wisdom for all

The financial knowledge to help plan for whatever life brings

TIAA has nearly 100 years of experience helping people save and invest. We're proud to share that knowledge with you in the form of fun, interactive and informative workshops. Here is a workshop that is coming soon to JLAB. You're welcome to invite a colleague who may also want to attend!

Start to Finish

The early career woman's guide to financial wisdom

When women are first starting their careers, there's a lot to consider—career goals, job satisfaction, achieving a work/life balance. It's important to also think about long-term financial well-being. The sooner you do, the greater the potential for a better outcome. This interactive workshop will help you:

- Understand your income, outflow and how to balance them to your advantage
- Identify key expenses and learn how to manage them more effectively—and maybe even reduce them
- Make a plan for your financial future

Join us for the workshop listed below:

Tuesday, November 15

12 p.m. to 1 p.m.

**Located at the CEBAF Center
Room F113**

[Register now](#)

Please bring your lunch and be prepared to learn at this complimentary workshop.



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