

Mike Cantrell Consulting Presents:



Preventing Biking Injuries and Increasing Your Performance

LOCATION: Busy Bodies
DATE: March 15, 2017 @ 6:00 p.m.
March 16, 2017 @ 1:00 p.m.
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591-0915



Mike Cantrell, MPT, PRC



- ✓ Increase Your Speed
- ✓ Reduce Injury
- ✓ Breathe Properly
- ✓ Connect Both Halves of Your Body!

